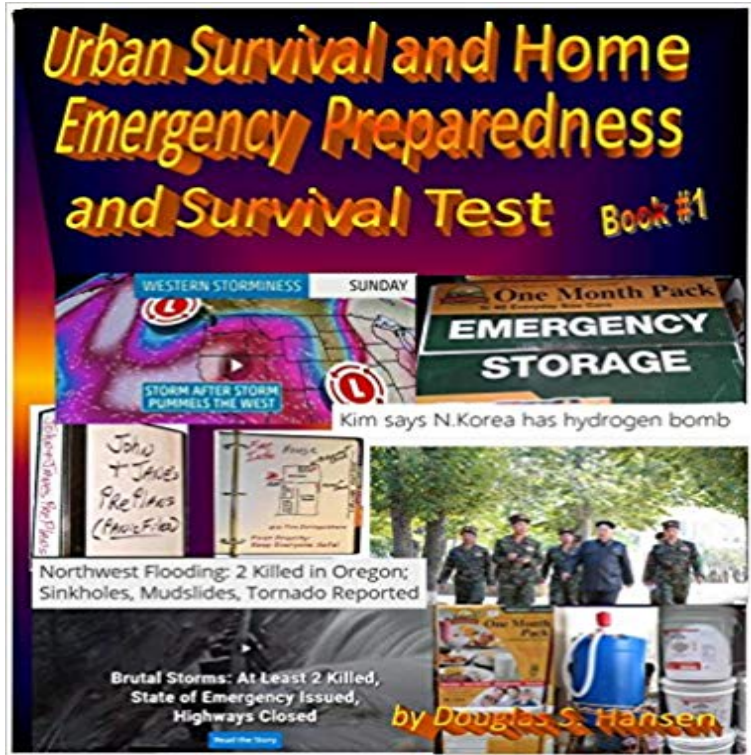


# Urban Survival- Home Emergency Book #1: Living without the Primary Utilities



How is your preplan, or panic file, coming along? While working as a National Park Ranger, I learned the value of what we then called a Panic File. It was a place we could quickly and easily refer to, that contained information about what we needed to do for various emergencies. Nowadays we call this a Preplan, but regardless of the name, it is something every family, business, or other organization should have. The way I explain it, will make it EASY and Fast to do. Even kids can do it, and I recommend getting them to help. It is done with a very minimal amount of time. Considering the life saving potential, it is more valuable than gold, diamonds, or as valuable as your life and the lives of those around you. Among other topics, this book teaches an EASY way to build a Panic File or a preplan for common, and uncommon emergencies. Emergencies come in many shapes, sizes, and seriousness. Being able to have a simple, easy to prepare, plan available is LIFE SAVING and requires very little time, and costs only pocket change. A Preplan comes with a big ROI, or return on investment. Knowing how to put one together, what to include and other details, and doing it in a way that is simple and EASY is life saving (Literally). It is important to prepare some type of very simple plan, any preplan, even one which takes minutes to make, could save a life. In another part of this book I teach various skills associated with survival, and the critical skill of being able to evaluate risk. There seems to be two extremes here, the people who feel extreme survival is coming tomorrow, and those who feel it will never occur. BOTH of these attitudes are born out of ignorance. These skills make risk evaluation tangible, and enable you to consciously evaluate your real risk exposure. Also included is a list of potential hazards to consider when preparing your Preplan or Panic File. It is

a good list of things to consider, you can disregard the ones which do not apply to your situation. Watch for Book #2 which has a survival test in it, it goes over the survival priorities of any situation, and the philosophy or Tao of any survival situation. These things are more important than a survival kit. In Book #3 I get down to the nitty-gritty details of what foods to store, equipment to have. Things like it is better to have equipment which operates on Diesel fuel because stores very well, is not very flammable, where as gas, separates, and is very flammable, what type of stoves and heaters to get, ones with low CO output so you can use them in your home. Fact is, a very high majority of kits, only include food, and items that are cheap at best, and mostly nonfunctional. I teach how to live without water, and ways to eat without boiling food for hours, what about human waste, medical concerns. Things like a list of Two-fors, and improvisations, Step by step, or decision graph for handling survival situations, and many other unique, principle based, ideas, techniques, and methods. I know there are other books, but I am betting you find information and ideas which you like and will use. Thanks for stopping by!

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