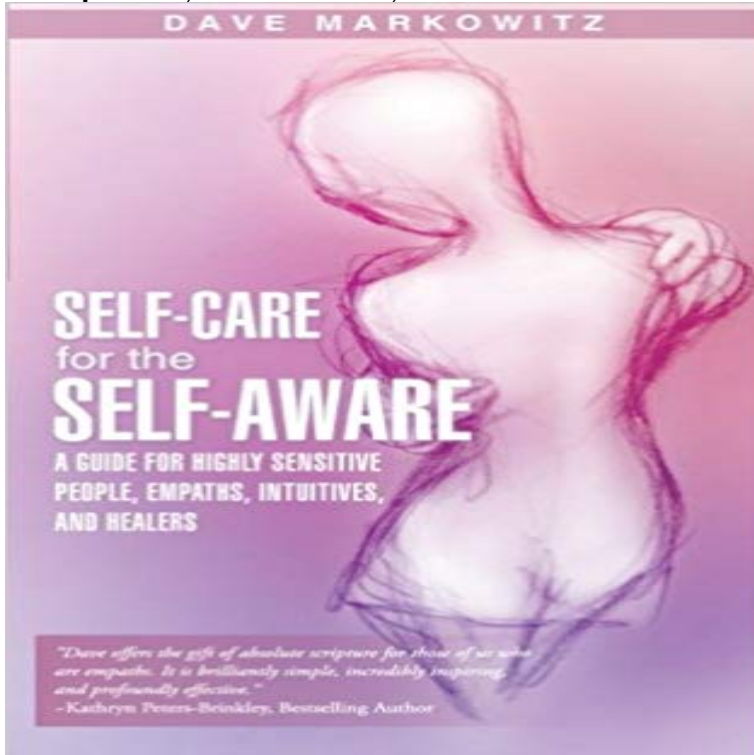


Self-Care for the Self-Aware: A Guide for Highly Sensitive People, Empaths, Intuitives, and Healers



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