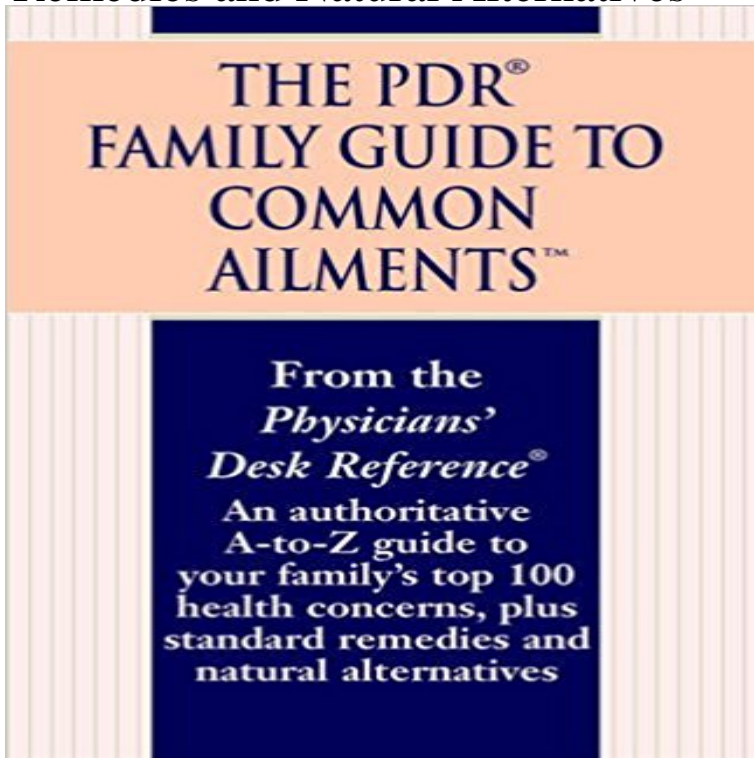


# The PDR Family Guide to Common Ailments: An Authoritative A-to-Z Guide to Your Family's Top 100 Health Concerns, Plus Standard Remedies and Natural Alternatives



PDR is the reference source used by physicians and pharmacists every day. Now PDR is the family friend you can rely on. The publishers of The Physicians Desk Reference have created this easy-to-use A-to-Z guide filled with information you need on nearly one hundred common ailments. The PDR Family Guide to the Most Common Ailments explains the health problems your family is likely to encounter--injuries, aches and pains, chronic disorders, infectious diseases, and the ailments of childhood and old age--and tells what you should do next. Inside you'll find:- A comprehensive overview of conventional treatment options- Advice on herbal remedies, nutritional supplements, and complementary therapies- Descriptive listings of prescription drugs--by brand and generic name-- and over-the-counter remedies- Self-care tips and easy-to-follow guidelines- Signs and symptoms of emergency conditions- And much more! From the Paperback edition.

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