

The One Minute Prepper: Prepping Your Home and Family to Survive: 60 Concise Lessons in the Arts of Survival, Disaster Preparedness, and Food Storage



BEST INTRODUCTION TO PREPPING

When it all comes down, what separates the survivors from the victims? Yes, you could move to Montana. But if you cant, this is the book for you. The One Minute Prepper will tell you what you need to know, including: The two essentials you should always carry, where legal. Why contraceptives should be part of your preps. Why most food storage advice is just plain wrong. The most important step a single woman can take to prepare for disaster. The number one prep that most people ignore. Why television can be more important than radio in a crisis. Ten life-saving preps that will cost you nothing. Why future riots in America may be worse than ever. And much more! The world is a pretty safe place ... until it isnt. A major disaster can strike at any time, often without warning. Most people dont think about the possibility that their lives could be upended in an instant the idea is too painful. If youre considering this book, congratulations! Youre one of the proud minority who have decided to take your fate and that of your family into your own hands, rather than waiting helplessly for whatever disaster may befall you. There are many good books on survival and disaster preparedness, and each one takes a different perspective on what it means to be prepared. There is no best survival book: the more books you read, the more youll learn. Even if youre an experienced prepper, youll find value in this book. If youre new to the game, this book is a great place to start. Its called The One Minute Prepper because it breaks down the often daunting and complex subject of preparedness into a series of 60 concise lessons that are quick to read and easy to understand. Each lesson ends with a direct statement, an action item that you can start to implement now. This book touches on the four major areas of survivalism, but focuses on preparation for short-term

disasters, because these are the events that are most likely to occur. Also, preparing for a short-term disaster is the natural first step in learning to prepare for wilderness survival, societal collapse or a new Dark Age. There are no guarantees in life. Every day we take a gamble just by getting out of bed. This book is about learning to play the odds: learning to focus preparedness first on the types of disasters that are most likely to occur, and learning how to increase the odds of surviving them. The preppers oft-repeated mantra is Hope for the best, but prepare for the worst. That injunction may sound dire, but as many have noted, it is truly a statement of optimism, an affirmation of the idea that we are not helpless, that what separates men from animals is the ability to plan and prepare for whatever may come. Join me as we begin to plan. The One Minute Prepper: Prepping Your Home and Family to Survive: 60 Concise Lessons in the Arts of Survival, Disaster Preparedness, and Food Storage Copyright David Lee Todd, 2013 David Lee Todd is an economist and business analyst with degrees from Yale and the University of Southern California. He is one of the founders of Resistance Press LLC, which publishes titles in survival, preparedness and true financial freedom.

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