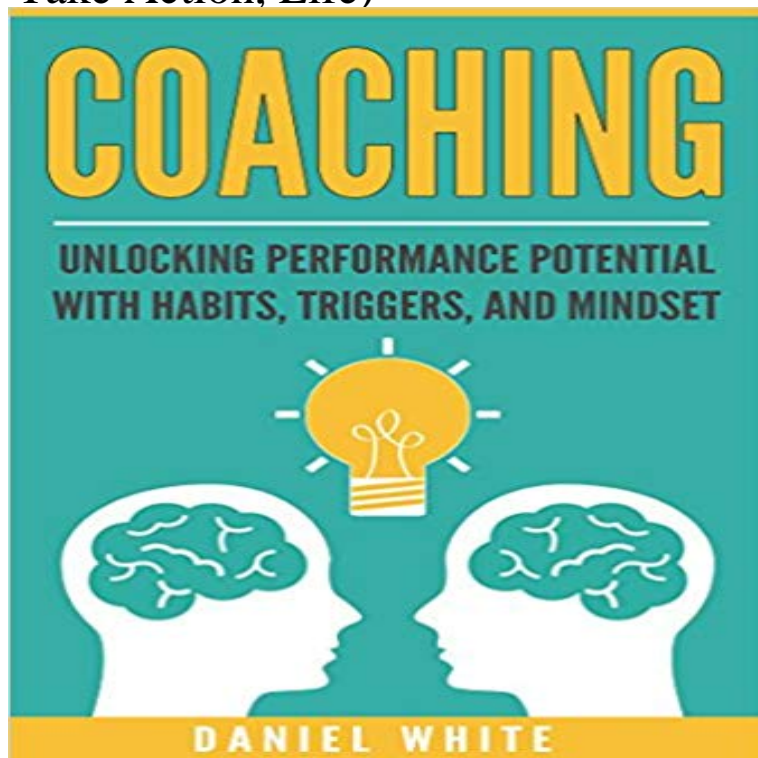


Coaching: Unlocking Performance Potential With Habits, Triggers, And Mindset (Habit of Coaching, Focus, Stay Motivated, Personal Growth, Take Action, Life)



Use the Secrets of Habits, Triggers, and Mindset to Unlock your Potential This book has actionable information on how to unlock peoples potential with habits, triggers and mindset transformation through coaching. We all want to achieve a lot in life. We want to be rich, have a beautiful loving family, have high flying careers, be healthy, have authentic friends, have a beautiful home and achieve a lot more in life in order to live a happy and satisfying life. Unfortunately, we all have certain habits, and other things that tend to hold us back such that attaining whatever it is we want to achieve seems to be a farfetched dream. While we may try to do everything in our power to achieve whatever it is we want, sometimes we need external help to make this possible. If you are passionate about helping people achieve more in life by unlocking their hidden potentials, this book will show you just how to go about it. You will learn how to tap into their habits, triggers and mindset to make your clients to achieve much more than they have ever imagined. If youre a coach, manager, boss, parent, or mentor then you need this book! Here is a Preview of What Youll Learn The Habits Necessary to be an effective CoachThe Hows And Whys Of Finding A Niche5 Ways to Set Yourself Apart As a Coach4 Critical Factors Every Client NeedsHow to Use Triggers in Motivational InterviewingClient Accountability As Your Coaching ToolHow to Be Flexible But ToughThings You Should Not Say Or Questions You Should Not Ask And So Much More! Download this Kindle Book Now for Only \$.99

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