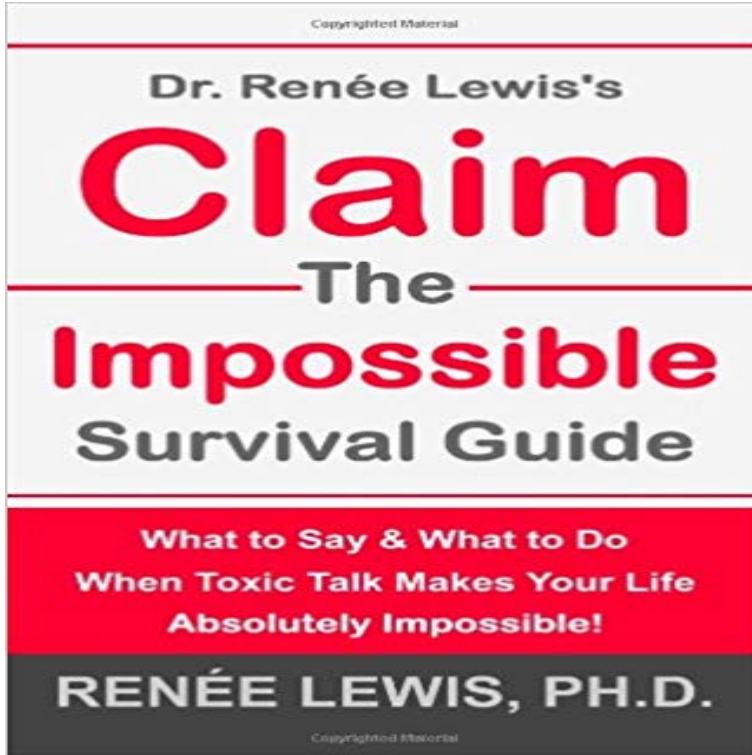


# Dr. Renee Lewiss Claim the Impossible Survival Guide: What to Say & What to Do When Toxic Talk Makes Your Life Absolutely Impossible!



Dr. Renee Lewiss Claim the Impossible Survival Guide is a book that shows you how to stop letting toxic talk stand in your way and hold you back! In powerful and inspiring language, Dr. Renee Lewis motivates you to take back your life and claim the impossible. You'll learn how to . . . (1) Identify and successfully deal with the forty most common types of toxic talk, including: gossip, sabotage, stereotyping & insults, (2) Recognize the thirty most common types of toxic offenders, including: The Bold-Faced Liar, The Know-It-All, The Chronic Complainer & The Picky Critic, (3) Respond effectively using techniques such as The Mirror-Mirror, The Outmaneuver, The Bluff & The Whole Truth and (4) Set boundaries, strengthen relationships & transform toxic talk into motivation for living and tools for positive change!

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