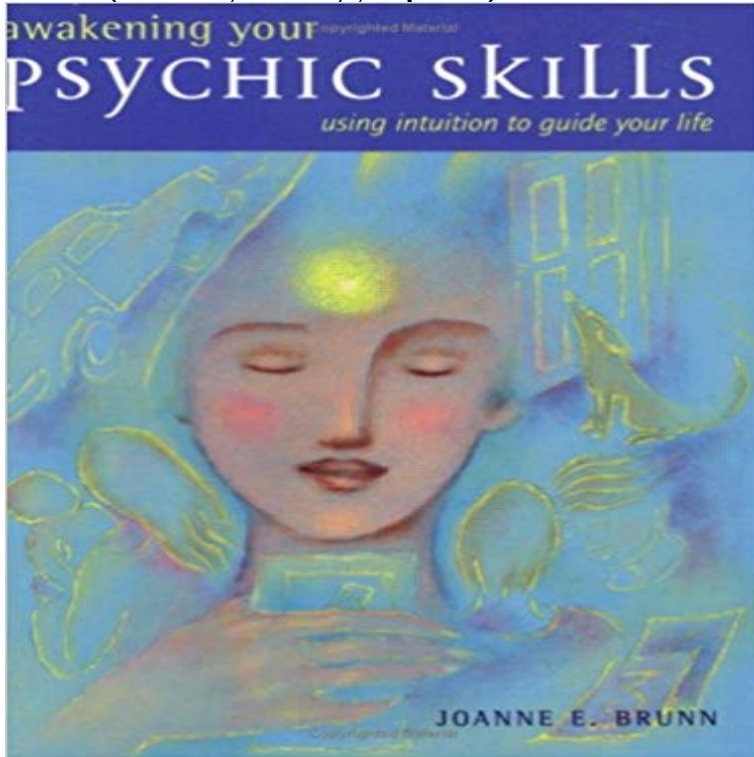


# Awakening Your Psychic Skills: Using Your Intuition to Guide Your Life (Mind, Body, Spirit)



Each of us has psychic abilities - times when we act on a hunch, or have an instinct or a gut feeling to respond in a certain way. Quite often, acting on these intuitions turns out to be the correct decision. Hunches and gut feelings are manifestations of our deep knowledge about what is best for us and come from our psychic selves. This workbook helps us to assess, awaken and practice our psychic skills and apply these abilities to everyday situations at home, at work, in relationships, with pets, during travel, in dreams and in predicting the future. The book presents a wide range of psychic skills and tools we can use for advice and guidance, including ESP, clairvoyance, psychometry, telepathy, tarot cards and remote viewing. Simple, step-by-step instructions guide us in choosing the right method and applying it to real-life decisions and situations. Becoming our own psychic advisor can help life flow more easily and help us to live more fully, more deeply and with greater awareness.

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