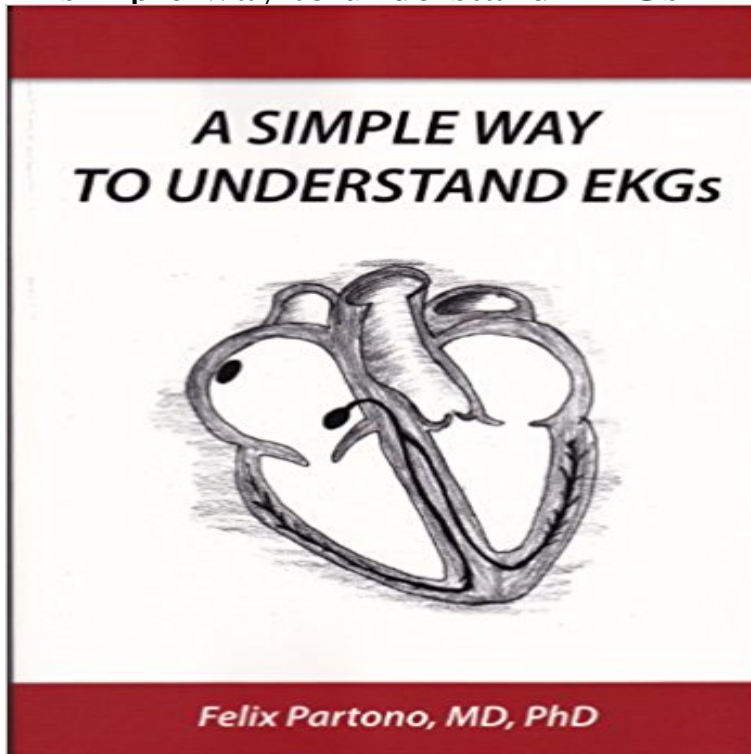


## A simple way to understand EKGs



A simple way to understand EKGs is a step-by-step guide to understanding EKGs, explaining the basic concepts and practical information without overwhelming the readers with exhaustive detail. It is up-to-date in accordance with the latest (2009) AHA/ACCF/HRS recommendations for the standardization and interpretation of the electrocardiogram. The goal of this book is to make a seemingly complicated electrocardiogram simple to understand and easy to remember. It is intended for anyone, including patients, medical students, nurses and primary care physicians who want to read and understand EKGs. The book is divided into six easy-to-read chapters: Know the heart, Know its function, Know the basics, Know the concepts, Explore the mysteries, and Start the journey and enjoy the experience. The first chapter deals briefly on the anatomy of the heart, and its electrical conduction system. The second chapter explains the interrelationship between the heart, coronary arteries, the lungs, and the autonomic nervous system to constantly deliver an optimum supply of oxygen (and nutrients) to all parts of the body. The third chapters describes the electrical system of the heart that regularly and constantly paces the heart to contract (pump), the basic functions of an EKG machine, the 12-standard EKG leads, and the genesis of an electrocardiogram. The fourth chapter elaborates the electrical axis of the heart and its relationship to the changing patterns of EKGs. It describes extensively the benefits and limitations of an EKG to diagnose hypertrophy, myocardial infarction (MI), and conduction blocks as a consequence of MI. The fifth chapter explores the mechanisms of arrhythmias, the importance of differentiating wide-complex tachycardia, the various forms of tachy-arrhythmias and their clinical implications. The final chapters presents a wide variety of case

studies to provide readers with an opportunity to test their newly acquired knowledge during the journey of reading this book, an analysis of each electrocardiogram, and notes for each case, highlighting the clues that lead to the diagnosis.

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